



## EAST WINDS A LUXURIOUS AND AUTHENTIC RESORT

### WHERE NATURE, SUSTAINABILITY AND LUXURY COME TOGETHER

Nestled on the lush, tropical island of St. Lucia, East Winds is a true Caribbean paradise. One of the oldest and most established resorts in St. Lucia, East Winds is set amongst 12 acres of lush tropical gardens bordered by the golden beachfront of one of the most pristine bays of St. Lucia. This traditional resort boasts an exclusive experience to those who value simple luxury. The hotel is set in a natural, private bay, un-manicured but beautifully maintained. The sea is warm all year round and the natural setting allows guests to feel that they have a private beach to themselves, with beach gazebos offering shade through the hottest part of the day, comfortable sunbeds and a beach drink service. A bird watcher's paradise. East Winds works at one with the nature all around us, whether it is protecting marine life through careful support of the fish nurseries right off the beach, sensitive management of the bird and animal life living in our tropical rainforest garden or social impact projects to support education of the children of East

Winds team members we take our responsibilities seriously and aim to tread lightly on our little piece of paradise.

### ROOM CATEGORIES AND AMENITIES

#### **SUPERIOR COTTAGES**

Our Superior Cottages are located close to the swimming pool, beach, restaurant, and bars. Each Superior Cottage offers a shaded patio, perfect for relaxing and enjoying a cooling drink in between visits to the beach, pool, or your wider island travels. These cottages also offer ample living space with the resort's largest bedrooms and bathrooms with generous showers.

#### **DELUXE COTTAGES**

The Deluxe Cottages are in the heart of our stunning tropical garden some mere moments' walk from the pool, beach, restaurant and bars. Each Deluxe Cottage features an expansive bathroom from which you can step directly into a large sunken shower, extending into your private garden. These cottages also offer a spacious and private covered terrace ideal for your morning coffee, or your favourite cocktail before dinner.

#### **OCEAN FRONT ROOMS AND SUITE**

The Ocean Front Rooms and Suite are right next to the beach, situated in what was once a private residence belonging to the Horlicks family. Offering breath taking views of the Caribbean Sea our three Ocean Front Rooms offer guests their own private patio boasting one of the finest sunset views in all of Saint Lucia. These wonderful rooms have the additional benefit of an open lounge to relax, meet fellow guests and share the view.

#### **AMENITIES**

Air conditioning, stocked mini-bar, tea & coffee, flat screen television, bath robes, hair dryer, iron & ironing board, iPod docking station, Wi-Fi. All bathrooms have vanities with modern fixtures and Molton Brown toiletries are available in all room types. All rooms come with a luxurious super king-sized bed and can be twinned upon request.



## DINING

Our cuisine is of the highest standard. We work closely with local producers to source the freshest local ingredients such as Marlin or Swordfish caught daily from the Caribbean Sea, delicious vegetables from local farmers and herbs from our very own herb garden. The Executive Chef carefully designs the most delicious of dishes selected from local Caribbean cuisine, well known international dishes and with plenty of vegetarian options available. With an expertly prepared cocktail in hand, enjoy your evening meal to the sound of the sea and live nightly entertainment creating a soundtrack to your Caribbean holiday.

**Breakfast buffet style** 7:30am – 10:00am

**Lunch buffet style** 12:30pm – 2:15pm

**Afternoon tea** 4:00pm – 5:00pm

**Dinner** 6:30pm onwards, no need to book

**Live entertainment** every evening

**Dinner Dress Code** – No flip flops, tailored shorts are OK for gentlemen with a collared shirt or t-shirt. No swim shorts.

## SPA & ACTIVITIES

Our Spa is an open air building surrounded by the beautiful garden with the sound of birds chirping and the fresh ocean breeze rushing through to give you feel of serenity and relaxation. Our Spa delivers personal and effective spa treatments surrounded by a rainforest garden. We use only natural products some of which are grown in our garden. Our pool is close to the beach, restaurant and bars and surrounded by a stunning tropical garden. The Yoga Pavilion hosts Yoga and Pilates four times a week and aerobic exercise classes 3 times a week. Classes are tailored to suit a wide variety of all levels. Our recently renovated pool is the perfect place to relax. Equipped with a shady pool pavilion and swim up bar, swim, read and chat, while spotting hummingbirds and herons as they go about their business. We offer the following watersports activities as part of the all-inclusive:

Hobie Cat Sailing, Hobie Cat Sailing Lessons, off beach snorkeling, paddle boarding and kayaking. We refer to our Fitness Trail as the outside gym and it is a good way of working out, it's only 1/2 mile or (1km) on the property and is perfect for jogging or walking. When you are done why not enjoy a cool refreshing drink taking in the stunning view of the ocean from the beach.

## WEDDINGS

East Winds offers couples a picture perfect, breathtaking backdrop to their special day. We specialize in exclusive, intimate, boutique sized weddings for a guest list of 2 to 72 people. Couples will receive support from our experienced team of staff to help you plan your special day. Saint Lucia is known as one of the world's most romantic destinations and East Winds is the most authentic compliment to the romance of the island.

## CHILD POLICY

Children 8 years and older are welcome



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